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About Us

The International Humanity Foundation (IHF) is a non-religious, non-political, and non-profit organization that was founded by Carol Sasaki in 1987. Our mission is to educate the poor and to educate the world about the poor.

We believe in a “pass it on” philosophy. Those of us who have received an education, pass on the gift of knowledge through teaching or sponsoring a child. In doing so, we envision a place where citizens become truly knowledgeable about poverty.

The “pass it on” philosophy also defines the way we run our organization, which functions almost entirely through the efforts of volunteers and sponsors from all over the world. We are changing the world one child at a time.

This policy is maintained year after year in order to keep its mission statement: “To educate, through real life experiences, not only our impoverished children, but also, equally, to educate many global citizens about the reality of impoverished communities and other cultures and to teach global leadership skills needed in the multi-layered realities of running an NGO (non-governmental organization) in such environments”. IHF owns its own buildings, which were bought at local rates by Carol Sasaki and her friends. IHF is an all-volunteer organization, with all long-term and short-term volunteers paying their own airfares. Due to this, IHF has very few administrative costs. All our sponsors’ money goes directly to the projects, none to advertising and large salaries. Our money is never used for eating out and fancy conferences or anything similar. Money donated for the children in need of help is simply used for that purpose and that purpose only. The ongoing costs of the Centers and programs are funded by other means like the volunteers’ fees and general donations for that purpose. To use funds granted by many normal, everyday people from all religions, backgrounds, and cultures around the world for anything but basic needs would be unfair to many of our donors and sponsors, and at odds with our particular mission.
The Education Program (TEP)

Unfortunately, public education is not free in most developing countries. The IHF Education Program is a sponsorship-funded project with a monthly donation going directly towards financing our students' school-related expenses such as school fees, transportation, uniform and books. We verify that all TEP applicants are in the most need by sending volunteers to the children's homes. We also ensure that 100% of donated money goes towards children's school costs through the use of logbooks. Not only financially beneficial to our children, sponsorship allows direct, on-going sponsor/student communication, creating a link between our children and their sponsors, helping to build a long lasting relationship that can alter one's future perspective of the world.

IHF designed several programs that need sponsorship or funding. These programs are what enable IHF to keep working on the aforementioned goals and objectives. TEP is based on sponsorship, which was developed to assist impoverished children, who cannot afford the costs of public schooling and incidentals, such as, "teacher special fees" or "desk fees" or mandatory replacement uniforms or books, exams, graduation and other ceremonies. These fees and tuition become insurmountable financial burdens to the poorest children. Instead, they work in sweatshops and rice fields, perpetuating the family's poverty.

IHF Safe-Home

IHF safe-homes around the world are open to the most vulnerable and marginalized children from slum areas and nomadic/tribal villages. Many of our children are orphans who have experienced extreme poverty and have lost parents due to natural disaster, disease or abandonment because of financial hardship. Once they become part of the IHF family, they are raised in an informal environment where they can feel comfortable being themselves. IHF offers children a permanent family that believes strongly in preserving the values and traditions of their cultures, encouraging them to teach it to volunteers and sponsors. In sponsoring an orphan, you not only give a child a home, you give them the love and care they deserve.

Through our child-sponsorship program, sponsors can communicate and learn about another world from a different perspective through emails facilitated by our volunteers between them and their sponsored child. Volunteers that visit our safe-homes and interact with our children learn that happiness and laughter is abundant even in the most destitute situations. We hope that this is a message they can echo to the rest of the world.

Class Sponsorship Program (CSP)

IHF Centers in Indonesia operate free and open classes, taught by local teachers in congruence with international volunteers. In the developing countries where we operate, the education system is still lagging behind. Public schools are unable to equip children with the tools they need to face the future with confidence. Our main focus is to compensate for these gaps by teaching English, math, and computer skills in order to enable our children to spread their ideas through communication. In addition, we teach leadership skills and life-skills; these focus on enhancing our students' problem-solving skills, team-work capabilities and artistic development. We believe that it is absolutely fundamental that the children are encouraged to flourish and blossom in whatever capacity they choose, and to learn the value of their heritage and the importance of their voice. This mission is enhanced by our sponsor communication program and class-to-class sponsorships, where our children can pass on their lessons through letters and presentations to their sponsor-classes around the world.

Medical Sponsorship Program

Our Medical Sponsorship Program was developed to provide children living at our Safe-Homes with medical and dental care. This is another sponsorship-funded project where monthly donations go towards financing regular medical and dental exams, emergency doctor and dentist visits, prescription medications, hospitalization, etc. for the children living at our Safe-Homes.
**Famine Feed**

The Famine Feed Program is an emergency relief program to help the severely malnourished nomadic tribes of rural Kenya. Two to three times per year, IHF volunteers and local staff travel to the desert nomadic tribes and distribute food, enough to feed over five hundred malnourished people, mostly women and children. This is becoming increasingly important due to the current extreme conditions in Kenya resulting from the past drought.

Once the populations who are most in need are identified, we divide the purchased maize and vegetables amongst the local people. Many of the people who receive food from this program walk all day to get their two handfuls of maize and vegetables.

**Nakuru Peace Farm**

Our Nakuru Peace Farm is an extension of our home and brings together people from all surrounding Pokot tribes. It is located over a 14 acre plot of land in the Rift Valley, which is the most fertile area of Kenya. Here, we are cultivating the land and raising livestock. Our children love this land and are eager to assist in tending to it. Some of them have even asked the farmers to begin teaching them about farming. It’s a place of peace, development and sustainability.

The harvest is used to enhance the nutrition of our children, while also reducing IHF’s exposure to the fluctuating food prices of the Kenyan market. Any excess from our vegetable garden, we will contribute to our famine feed and survival programs.

This is not only an important economic step, but helps maintain integration between the children that live with us at the center and their Pokot tribesman.

**Survival Program**

Aiding the self-sustainability of at-risk communities to help empower and preserve their rights and traditions is a core element of IHF programs.

The Survival Program organizes sponsors to drive two to three times a year to collect funds for buying chickens, goats, cows, and camels, that are then distributed to the poorest starving families in rural nomadic tribes.

Animals are a major source of survival for many East Pokot tribes due to their inability to farm the infertile land on which they live. Additionally, the Kenyan government has not given these tribes legal ownership over this land, making farming even more difficult.

Livestock are used to help families survive the drought period. Due to scarcity of water, goats, camels, and cows are used for their milk, with camels being able to provide milk throughout the entire dry season. Chickens provide eggs and meat throughout the entire year.
Current Coverage of Sponsorship Programs

- TEP Sponsorships: 96%
- Class Sponsorships: 35%
- Medical Sponsorships: 67%
- Orphan Sponsorships: 75%

Volunteer Numbers

- Voluntourists: 146
- Work studies: 48
- At-Home Volunteers: 4
- Living Area Volunteers: 41
- Long-term Volunteers: 40

Average Students’ Attendances

Over the course of an average week, we will have 1,226 attendances across our Centers.

* The average number of attendances in a month was calculated by tallying attendances for all weeks in the month and dividing by the number of weeks in that month.

Do you want to help us reach 100%?

Please contact us at sponsorprocessing@ihfonline.org
Testimonial

When I decided to join IHF as a Co-Director, I was in a strange place in my life. I did not really know what I wanted, all I knew was that I needed change. And I got it. In the best possible way.

My time with IHF has completely changed my life and I could not be happier about it. Managing an education Center for children from poor family backgrounds in Banda Aceh, Sumatra is a challenging, sometimes exhausting and very demanding, yet a wonderfully rewarding job. The tasks are so varied, there is no point in even trying to describe them. They range from basic administrative tasks to supervising roof repairs and to teaching children. Which is the best part, really. Knowing that you actually make a difference by providing education to people who really need it and thus help them to have more chances in their future lives is the best feeling ever. They are keen on learning and so hungry for love. However, it is not only the children who learn from us. They teach us so many things about their culture, patience and respect for each other. And you realise that you need their love, too. At least I do and I am glad they found me worthy of it. I believe this is exactly what IHF’s ‘Pass it on’ philosophy means.

IHF gave me so much more than just a job. It was a very real exposure to a new world, I found true friends, learned a lot and gained so many new skills. I am sad to leave all this behind but I know that my fellow Co-Directors will keep up the good work; they are all wonderful people. I hope we meet again soon.

Timea Makra — Former IHF Banda Aceh Center Co-Director
Aceh Center, Indonesia

The IHF Center in Banda Aceh, Indonesia, offers free English, computer, and math classes to 250 children from SD1 (first year primary school) to college students. There are additionally 11 TEP sponsored students and 19 classes at the Center. The IHF Aceh team consists of both local and international volunteers who enthusiastically run classes on a daily basis. Banda Aceh has had a turbulent recent history, GAM violence, resulting from a volatile political situation from 1976 to 2005, caused the majority of Acehnese civilians to live under threat for extended periods of time. Orphan numbers increased dramatically as street violence escalated within and around Banda Aceh.

In 2004, a Tsunami caused by a Magnitude 8.7 earthquake struck the coast of Banda Aceh, wiping away the majority of the city. Countless homes, livelihoods and lives were lost in this tragic event. A large influx of international NGOs arrived in the area to aid with the clearing and re-building processes, and simultaneously helped in stimulating the local economy with a flood of foreign currency. Although Banda Aceh is now aesthetically restored to a beautiful and functioning city, the sudden departure of international organizations has left many local people jobless (albeit with impressive experience and skills), while local prices remain largely inflated. Additionally, the mental trauma caused by the tsunami remains amongst the people, with every local (including our IHF children) being able to name a handful of loved ones who were killed in the disaster.

This complex situation, resulting from back-to-back violence and natural disaster, has left many people within and especially around Banda Aceh struggling to survive. Although public education is free in Indonesia, there are other costs associated with it; transportation, materials, uniforms and books. On top of this, the standard falls very short when compared to that of high-fee private schools. Scholarships for secondary education are highly competitive and are often awarded to students who have completed private schooling. This system leaves few opportunities for students from poor backgrounds to excel academically and break out of the poverty trap their families are in.

In IHF Banda Aceh, we believe we can offer the required extra help to low-income public school students necessary to bring them to the same level as their wealthier, privately educated peers. We follow a strong curriculum and ensure that a high standard of education is provided, with extra help available whenever requested by students. Even though Banda Aceh is predominantly Muslim, now we have quite a few Christian students and they get along very well with the Muslim students.
We at the Banda Aceh Center find that personal hygiene is very important and we encourage our children to keep this in mind at all times. We organised two health related workshops this year with help of our local volunteers, where our students could learn about the proper way of washing hands and brushing teeth. Our SMP and SMA students also had a session about how they change during puberty and all of them found the obtained information very useful.

We launched a successful art project class for our SMP and SMA students at the beginning of 2014. Four talented local and international artists offered their help to guide our students in the world of art. At the beginning of the new school year, we launched a regular art and crafts class for our younger students as well.

We organised two successful fundraising events this year. The first one was a Sandwich Selling Fundraising event in one of the most visited parks in Banda Aceh. The main selling point were actually the bags that were drawn by our talented volunteers and friends. We held the second fundraising event on of the evenings during Ramadhan just before people broke their fast. Our home-made puddings were very popular and we raised sufficient funds to support a huge variety of events and programmes at the Banda Aceh IHF Center.

With the beginning of the new school year, we launched an exciting new project for our SMA (senior high school) students. The students create a new country, inventing every aspect of it class by class. The goals of this project are to provide a tool for these students to improve their English skills in a fun and imaginative way, and to demonstrate to our students how creativity coupled with social media can influence a global community. Their blog about Glove country can be reached at the URL http://thecountryofglove.wordpress.com. Please check it out and feel free to add comments, our students get very excited and even more motivated when reading them!

With the help of our local artist friends and creative international volunteers, we painted the backyard wall and the front wall of the house. We also organised several Center maintenance days, where we repainted the classroom walls and got rid of the jungle that continuously attempts to take over the garden. We want to provide a nice learning environment for our students and to have some open-air space for them to play between classes.
Bali Center, Indonesia

IHF Bali operates an Education Center in Buitan Village, Manggis, Bali, 2 hours away from Denpasar. English, math and computer classes are run from the Center on a daily basis for students as young as SD1 (first year primary school) to SMA (senior high school), and are taught by both local and international volunteers. There is currently an average of 250 students attending the Center on a weekly basis, 32 of which are TEP sponsored.

On an island almost completely dominated by tourism, IHF hopes to help those who have been left high and dry. The immense discrepancy between the wealthy and the poor continues to grow as tourism continues to boom, leaving those struggling to survive through traditional means to be pushed further back into a poverty trap. We would like to share with our children the idea that there are other possibilities for their futures aside from tourism and that the world is open to those who are willing to explore.

The IHF Community Center in Bali is located between a Muslim and Hindu village. There are no religious barriers within the Center and people of all ages, castes, and religions are free to study together. These children are mostly from remote villages with little or no infrastructure. Access is a main issue for these children, with public transportation only reaching main roads and many people living rural not having their own private vehicles.

While some of our Centers do indeed have orphanages, they are only a part of our centers out of necessity. In Bali, due to the communal family structures of the Balinese, children have many mothers and fathers to care for them. IHF feels it is better to provide schooling and other needs to these poor children, and allow them to stay with their communal families who love them, as the communal system is a beautiful structure that should not be lost. By providing free education, a permanent support system, and running additional programs such as free health-care checks, we offer our children a stable platform to gain the confidence and knowledge they need to excel.

There are on-going projects being run through the Bali IHF Center such as Indonesian Independence Day celebrations, Free Medical Check-up Days, Dancing classes and upcoming educational field trips. These projects offer our students opportunities they would not have otherwise had access to and allow them to broaden their perspectives and have new experiences, helping with their development in becoming well-rounded adults.
Highlights

➢ In 2014, we have begun a long-term beach clean-up project with and within the Buitan community. As a complement to this, we and the children have been collecting bottles and garbage in preparation to create the first Indonesian POEM (Peace On Earthbench Movement), an international movement aimed to raise local awareness on the impact of plastic and other non-biodegradable materials in our immediate environment (For more information please visit: http://www.earthbench.org/).

➢ The children were also very excited to participate in the Indonesian Independence Day. We held our own IHF Bali celebration, complete with games, prizes, snacks, and music. It was a grand time for all who participated and we were made more conscientious of the sense of national pride that spans consistently across all the islands of Indonesia.

➢ We have launched a host of local Fundraising events, including pudding sales at a local harbor, donation box creation and distribution at local hotels, and an upcoming Bingo Night at a frequented locale. Apart from being fundraising successes in and of themselves, these local projects maximize the cultural diversity each volunteer brings to the projects.

➢ We have begun to practice our emergency procedures in the event(s) of fire, earthquakes, floods and tsunamis. Because our classes are staggered and we never have all students attending at one time, we will be hosting a number of these simulations in order to better socialize all our attending children with our emergency procedures in the coming days.

➢ We also had a visit from Marta, a Spanish Yoga teacher who has been traveling around Bali and was interested in learning more about the International Humanity Foundation’s mission. After seeing the classes and the Center, she was so inspired that we worked together to plan a Yoga Master class with the kids. Many of them were not very familiar with this wonderful activity; however, the children enjoyed it immensely, and after the exercise session, we offered the kids a bunch of snacks to recover their energy.
The International Humanity Foundation Thailand branch works with the indigenous hill tribe people living in the tumultuous borderlands between Thailand, Myanmar (Burma), and Laos, and extending as far as into China and Vietnam. The two tribes at our Children’s Home are Lahu and Akha. The hill tribes in Northern Thailand face many challenges, and it is our mission to arm our children with the skills, attitudes and character that they will need to have equal opportunities for their future, like other Thai citizens. IHF provides a family support network and gives education to empower these children, alleviating them from marginalisation and poverty.

The Akha and Lahu tribes have origins in Yunnan and Tibet. The Akha came to Thailand in the early 20th century, mainly due to their persecution in Burma and are known as one of the most downtrodden and often impoverished of the hill tribes. Lahu tribes are found mostly around the Burmese border. Both groups have faced extreme hardships and have struggled to survive and protect their unique culture.

The IHF Thailand Safe-House is currently home to eight children from the ages of ten to nineteen. At home, they speak Lahu and Akha to their tribesmen and Thai when speaking across tribes. Most of our children are Christian, with several Buddhist exceptions, both religions being accepted equally at the IHF Center. All children go to local schools, with eight students currently enrolled in secondary school and a university student who lives in an apartment. Currently, all of them have been sponsored. IHF run additional classes most evenings at the Center, with local staff and international volunteers teaching English twice per week, art twice per week and music once per week.

The Center is situated on the outskirts of Chiang Rai town. It backs onto a forest where the children like to play, allowing the home to be in a quiet and peaceful location. The neighbours are friendly and own a candy store that the children often visit. There is a boys dorm and a girls dorm joined by a common area, where meals are eaten together as a family and where the children do their homework. It is amazing to see how fantastically self-sufficient the children are, with even the youngest being able to cook their own food, help with cleaning, do their laundry and iron. All the younger children have an older sibling at the centre, allowing the children to do a lot for themselves.
Highlights

➤ There were quite a lot of changes at the Centre this year. We were sorry to say ‘Goodbye’ to three of our children — Soithong, Chatagorn and Ipo — as they made the decision to return to their families and community. We had some great co-Directors and volunteers to help, including Joy, James and recently Laura. We were also fortunate to have great support from our volunteers at the Chinese campus of Nottingham University.

➤ Our lovely garden was wrecked by a typhoon, which also took the kitchen roof off. It took some time to repair and to clear the garden of all the broken bamboo trees, but we got there with the help of some local volunteers. The garden is now restored to its former haven of peace, with flowers and fish ponds all thriving again.

➤ The year brought us a lot of challenges to resolve the many legal issues arising as a result of our Council being inactive and a change in Government as the military took over Thailand for a short period. We are still working on getting a new Council together, which must be made up of several Thai nationals.

➤ Our children continue to develop their skills and capabilities at school. All of them work very hard and study in the evenings and weekends. Kantiya and Arisa have done particularly well this year and have both won awards for their progress. We are now exploring with the older children their future post-school and starting the difficult and lengthy process of registration as Thai Nationals, which will enable them to access employment and further education.
The IHF Jakarta Center is located in an eastern suburb of the Indonesian capital city. The center is in a fairly large house in a quiet street of private houses. The Center is currently home to four children, two of whom are university students, one a junior high school student, and one an elementary school student. IHF Jakarta also acts as an education Center, running English, math, and computer classes on a daily basis. At the moment there are approximately 300 students attending classes at the Center on a weekly basis, 22 of which are TEP sponsored.

In any capital, huge disparities between people from different socio-economic backgrounds can be quite prevalent, and Jakarta is no different. Most of the children who attend the Center come from impoverished families, often travelling 1-2km on foot to get to the Center. However, most are in reasonably good health, are well nutritioned, and receive loving care from their parents and relatives.

About 25% to 50% of our students are born to non-Jakartan parents. These families lack the support from immediate family members, and the children often miss a year of school during the transition period when the family is moving from their hometowns to Jakarta. Sometimes, the children only come to Jakarta months or years later, after the parents have settled in to their new life in the capital. These children often have a hard time adapting to the new city schooling system. If the family suddenly finds themselves struggling financially, they may then send the children back to the village once more, which unfortunately disrupts their educational progress.

To tackle this issue, IHF Jakarta has strived to maintain long-lasting relations and collaborate with the local and expat community for a continuous influx of teaching volunteers to instruct students on different academic levels. The volunteers also hold a variety of classes and workshops, providing students with the opportunity to experience a rounded education in all subjects. The Center provides art classes on Saturday and football training on Sunday afternoons. In 2014, the Center also implemented the Aflatoun program and held Mandarin classes with the help of our Chinese volunteers.
This year in Jakarta we hosted several different fundraising events, including a local football competition and a presentation by Ayu and Ade at The High Scope School. Additionally, we received a donation from the Bengali Organization.

These funds have been put to good use as we have been able to purchase four new computers and make repairs on the roof, bathrooms, and broken cement in the front of the house. Other work that has been done around the Center includes painting the classrooms and the garden wall, and a new banner painted by Ismail and his friends. Additionally, Ayu and her friends from university have reorganized the library and made repairs to the bookshelves.

This year, we had to overhaul our regular math, computer and English class schedule to accommodate changes to the new Indonesian school system. We have continued to offer our Aflatoun program in leadership and life-skills and have offered popular Mandarin classes whenever we have Chinese volunteers.

We have formed a new partnership with the London School to recruit university volunteers and interns for our classes. Ayu and her university friends have also volunteered to tutor a reading class.

On the Indonesian Independence Day, one of our co-Directors, Helene, organized a Treasure Quest for all the students, where they had to follow clues around the Center to find the hidden treasure. This was one of the students’ favorite special activities of the year!

Our students living at the Center have done very well in their classes this year. Rahma ranked 7th in her class of 33 and her volleyball team won first place in the district competition. Ade and Ayu have both been working hard in university and both increased their GPA from their previous semester, Ade from 3.3 to 3.5 and Ayu from 3.1 to 3.3.
Medan Center, Indonesia

IHF operates an Education Center in the Indonesian city of Medan. The IHF Medan Center continuously has the highest number of students attending classes on a regular basis, with an average of 350 children present at the Centre per week, 33 of which are TEP sponsored. The Center holds daily English, computer and math classes for students from SD1 level (first year primary school) to SMA (senior high school) level. There are additionally 6 TEP students who live in Fatumbak, a small, impoverished village outside of Medan.

Medan is the 3rd largest city in Indonesia—it is the largest Indonesian city outside Java—. The city has diverse communities, reflecting its history, and is home to many tribes including the Batakinese, Javanese, Malayunese, Chinese, Indian, Acehnese and Padangnese. Medan is not the most aesthetically pleasing city in Indonesia but no other cities have the unique cultural diversity that Medan offers.

Many of our students are raised in single-parent families, either by single mothers (with deceased fathers) who work as house maids, or by pedi-cab-drivers and other labourers who make below-living wages. It is difficult for these people to offer their family financial security when their entire income is solely dependent on whether they are able to find customers each day. Some of our students have no other option but to live with their grandparents after abandonment by their parents.

IHF Medan’s goal is to help the children from these impoverished families be the next great leaders, empowering them by giving them knowledge and confidence. The aim is to encourage their academic and social development, helping raise them into adults who will be competitive applicants for successful positions within society and allowing them to break the poverty trap their families live in. Teachers are trained in motivating our shy students to not be afraid to ask questions, to speak publicly, think creatively, and reach for new heights.
Highlights

➢ In June, we welcomed in a special guest speaker, Panut, from the OIC (Orangutan Information Centre), came to Medan accompanied by a large toy ape to talk to the kids and local volunteers about the Sumatran orangutan.

➢ In July, the "Pass it On" ceremony began with a few games. A "Bob Sponge" natural size character entered the room, which warmly greeted and played with all the children. Lots of kids took photos with him. Subsequently, an excellent magician and enthusiastic entertainer cheered the party with his tricks and loquacity.

➢ We also had an opportunity to leave our IHF Medan Centre to spend a great day together and visit Tarunggang Air Terjun, Pelangi Air Terjun and Linting Lake. Fifty people attended, including students, mothers, local volunteers and co-Directors. The first location is a beautiful lake dominated by a waterfall. The second one, a group of waterfalls with a magnificent view, and the last one is a volcanic lake with hot springs, a nice and peaceful place to relax and swim.

➢ In August, despite being Ramadhan, quite a few children attended classes. During Ramadhan, we had a review of all the classes taught last year and one evening, all together, we celebrated the "Buka Bersama", which consists of a party to break the fast at sunset.

➢ An art workshop was organised for all the children at the Centre. The workshop was held with the idea to explore the creative side of children. The sessions included thread painting, leaf painting, finger art and mixed media. The children seemed to enjoy it and some great pieces were produced by them.

➢ A teacher training workshop has been initiated at the Centre with the objective of helping the local volunteers improve their knowledge and understanding of the English language and in turn help the children. The sessions in English touch upon vocabulary, communication, grammar, reading and writing skills.
IHF has been working in Kenya since the late 90's with the marginalized tribes in East Pokot. Our Nakuru Centre offers care for orphaned children, children who have been at risk or children whose parents, due to poverty, are unable to support them. Living conditions in East Pokot are extremely difficult with famine, drought and conflict resulting in many orphaned and/or homeless children who have no means to support themselves. Additionally, local communities face many hardships including ownership of infertile land and disease, resulting in income being difficult to earn.

Currently, IHF Kenya supports 75 children aged 6-21 years. Our Center is run as a family and never as an institution. We provide an informal environment where children can feel comfortable and be themselves. We understand that this is crucial to their integration into society. An informal and transparent environment allows all members to speak about their problems, which creates an atmosphere that is conducive to growth and learning.

All of our children have received primary education and this year we have been able to get all but two children into secondary education. Paying school fees is a constant challenge for IHF Kenya but we understand that graduating from secondary school is an essential passport for our children to further education or jobs and, therefore, we make this a funding priority.

For the first time since 2010, our Peace Farm is operational due to a small grant from the Ohrbach Foundation. We are currently growing maize, beans, cabbages, kale, peas, tomatoes and onions. Our harvest will be used to enhance the nutrition of our children, while also reducing our exposure to the fluctuating food prices of the Kenyan market.

Through volunteer donations we have been able to establish a football team ’Carol’s Humanity Stars’, which remains unbeaten in the Nakuru league. We are now establishing a volleyball team and have our first tournament this month. We will be holding a football tournament later in the year to build community relations through sport.

Our children are so special. They are deeply committed to attaining their education whilst retaining their traditions and respect for their East Pokot heritage. We need to ensure they become the future leaders of Kenya to assist and protect that heritage.
This has been an amazing year for IHF in Nakuru. Due to the huge support of our donors and volunteers, we have been able to undertake a huge program of re-generation of our Centre. Generous donations have allowed us to extend our Peace Farm acreage and diversify our crops to include maize, beans, kales, onions, tomatoes and sweet potatoes. This has enabled us to provide good, organically grown food to the children at the Centre and ensure they are well-fed. We have been able to start a rabbit and chicken project, which is under construction, with the aim to further enrich the diet of the children in 2015. A special mention must be made here of Carlos, one of our child sponsors, who has been key in supporting our Peace Farm this year.

Our first medical intern, Nora, did a brilliant job here with the children and then when reaching home rallied her family and friends to help with our kitchen fund. Other donors also supported us to ensure that we can now not only build our kitchen but move and repair our sewerage and water drainage systems and build a new outdoor toilet block. Construction is well on the way and will be completed in early 2015.

Other support throughout the year has meant we have been able to provide new mattresses, bedding and curtains for the dorms. This eradicated the endemic problems of ringworm and other skin conditions that the children were suffering. The dorms are now cozy, pleasant places to stay, and we plan on painting through-out in early January.

The children have responded to all the efforts on their behalf by working hard at school. For the first time, we had all the children in school and truancy rates dropped substantially due to the efforts of our school’s liaison Directors, Stephen and Rafa. The number of children going to High School next year will be over 30 and the school fees are becoming an increasing burden to the Centre, so it is here that we will be concentrating our efforts in the future.
I was an IHF Volunteer at the Banda Aceh Center for 10 months, and I still remember the first day I arrived there. The Center was in the middle of classes and I had the immediate opportunity to observe some third and fourth graders in action! I also met some of the most generous and kind local volunteers who happened to be starting on that same day, and who eventually became great friends.

Whilst a small non-profit organization, I felt that IHF worked well because it immediately put all of its efforts in maintaining the Centers and ensuring that more students could have access to free education. Any donations were always directly used to fund the classes (i.e. school supplies) or to develop new educational programs (i.e. art classes), and sponsorships were directly given to the sponsored children in the aims of helping their educational goals.

It was one of those experiences that you never forget; where you get to build relationships and see children grow right in front of your eyes. I was proud to be able to work for IHF in providing free education to children across the community. Many of our students, who came from humble backgrounds, were always incredibly keen in learning. They also had the benefit of expanding their minds and cultural experience by interacting with volunteers coming from all over the globe.

I am happy to have been part of the IHF family, and I fully support its mission.

Jessica Lai — Former IHF Aceh Co-Director
PASS IT ON CEREMONY

The 'Pass It On' Ceremony is an annual celebration held at each IHF Center. It is an opportunity for our students to celebrate the end of the exam period, to receive feedback and grades, and for us to reward all of our hard working pupils.

Both students and their parents are invited, allowing parents to meet with their children’s teachers and to see each IHF Center for themselves. The ceremony itself begins with the handing-out of student report cards, followed by certificates and prizes for the top three achieving students in each class. This recognition is very important for our students and it is always heart warming to see the pride and excitement of the children receiving awards they have worked so hard to deserve —especially in front of their parents and friends—.

After the formalities have concluded, the fun and games begin! IHF staff run many activities for the children to participate in, including balloon popping races, dancing competitions, egg-and-spoon races, finished off with the ever-popular 'Chicken Dance' song. This causes the afternoon to be filled with laughter and silliness, letting staff, students and parents get to know each other on a social basis. Each ceremony is finished off with snacks and refreshments.

The 'Pass It On' ceremony perfectly embodies IHF’s goals as an organisation. It is an opportunity to demonstrate the outcomes of all the hard work our volunteer staff invest into our programs. Our students are rewarded for their dedication and enthusiasm towards their studies. A community feeling is built between the organisation, the students and their families. We hope that over time, our students will progress to becoming informed teachers, willing to pass on their knowledge to a new generation of enthusiastic children.
Team-Specific Achievements

Fundraising Team

- We reached an agreement with lstania.net, a new Online Travel Agency that sells Hotel rooms in Indonesia’s largest hotel markets. Two percent of each booking lstania generates is given back to help IHF.

- We organized several Trivia and Bingo Nights in Thailand and Bali. Thanks to this activities, we raised money, promoted the Centers and strengthened contacts with the community.

- The IHF Jakarta Futsal cup was a success. We raised money and promoted the Centre and a healthy life style.

- In July, we received $1 000 as a single donation to the Peace Farm. By donating to our Peace Farm Project, our donors are contributing on many different levels: feeding children here at our home, feeding entire communities in East Pokot, helping the Center to become self-sufficient and educating the children. Donors can be sure that their donation is going towards a project that is one of the central pillars to the success of our foundation.

Teacher Training Team

- The English Curriculum, designed and developed by the team, was successfully implemented at all four IHF Centres in Indonesia to ensure high quality education delivery to all the children. The high school curriculum was also successfully implemented for the senior students.

- With the objective of the holistic development of the children, a beginner’s level Chinese curriculum has been designed and developed by the team and is being used at the IHF Centres.

- The Computer curriculum was revamped based on the feedback received from teachers and students across all Centres. The new version of the curriculum has been successfully implemented at the four IHF Centres in Indonesia.

- A language development module for English is being designed. The objective of the module is to increase the vocabulary of the children and to advance their listening, speaking and writing skills. The module would help the children to get a better understanding of the language and also to increase their comfort using the language.

- The team successfully organised final examinations, graduation ceremonies and recruitment drives.
Team-Specific Achievements

University Relations Team

▶ Our ads are on 293 universities’ career websites and we consistently add new ones.

▶ In addition to our partnerships with universities, we began reaching out to student groups directly. Student organizations and associations can learn about international development from our experience and have the opportunity to volunteer at our Centers. The outreach program is new, but we are currently in several promising discussions and are excited to discover what kind of cooperations develop.

▶ We are continuing to develop our partnerships with universities like UNNC to encourage college students to volunteer during their school holidays.

▶ We recruited our first medical intern to much success, and are now confident in what skills are best suited for the position. We have recently received several applications from qualified nursing and medical students.

Media Team

▶ In order to share IHF’s mission and activities to a variety of audiences most effectively, we continue to expand the number of platforms we use. This year, we added an About.me page and, by popular demand, a Pinterest account. We also reorganized our Photobucket by Center in order to help donors, volunteers, and all of the IHF community find photos of people they know or have helped.

▶ In order to give our supporters an easy way to raise money for IHF just by surfing the web, an iGive page was created. Over time, money has successfully been raised by use of our search bar.

▶ As evidence of growing interest in our organization, we reached 10 000 “likes” on Facebook. More people each day continue to learn about our mission and our achievements. We continue to engage our Facebook users with content such as Photography Competitions.

▶ Once again, we were a top-rated NGO by GreatNonprofits.org. We continue to seek ways to gain recognition by reputable sources in order to give our organization the most exposure and clout.

Online Outreach Team

▶ We are active on more than 250 websites and forums, in three languages (English, Chinese and French), allowing us to reach great candidates from all over the world.

▶ We recently cleared our list of websites to make sure that IHF ads are being posted on good quality websites only, in order to obtain the best image possible for the organization.

▶ We reformed our system to make it more efficient and to improve the quality of our postings by assigning websites to each OOTTI volunteer. In this way, everyone is familiar with the websites they are working on, allowing them to spend some time to also update the IHF profile on all of the websites we are working with.

▶ We won the great non-profit award given by GreatNonprofits.org, for the second year in a row, thanks to the great testimonials left by our volunteers.
Volunteering with IHF was definitely one of the highlights in my life. I had the opportunity to volunteer in IHF Bali for a year as a Co-Director. At first it was kind of daunting for me, since I had no particular experience in working in an NGO; however, IHF managed to assign me to tasks that were similar to my previous experiences. From the start, I had wonderful colleagues supporting and guiding me on this new and exciting journey.

As volunteers, we were involved first hand to contribute to IHF’s aim: to provide free education to those needing and wanting to learn. Apart from interacting with the wonderful joyful rambunctious children at the Center, we got to also visit their neighborhoods and schools. It was wonderful to learn the gratitude of the children, parents and teachers for IHF’s cause and what it has done to the community. We were also directly involved in assisting the children to interact with the sponsors and to distribute their generosity effectively. I was happy to learn that all of the donations went genuinely to the children, the classes and to the maintenance of the Center.

I am proud to have this experience of working together with such committed, kind and sincere teams in IHF. As for the lovely children, they inspired me greatly; their enthusiasm and openness were just too contagious. Last but not the least, I have met a lot of kind, cool, witty, ambitious and generous individuals that I am happy to call friends.

Intan Goyana — Former IHF Bali Center Co-Director
Financial Report

Overall Total of Incomes and Expenses

<table>
<thead>
<tr>
<th>Program</th>
<th>Incomes</th>
<th>Expenses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administrative</td>
<td>$224.33</td>
<td>$224.33</td>
</tr>
<tr>
<td>Class</td>
<td>$10,350.25</td>
<td>$11,617.72</td>
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<tr>
<td>Fundraising</td>
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<td>General Donation</td>
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<td>TEP</td>
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<tr>
<td>TEPU</td>
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<td>Volunteer</td>
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<td>MED</td>
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<td>Peace Farm</td>
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<tr>
<td>Survival Program</td>
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Grand Total       | $179,164.76 | $159,297.40 |

IHF Center’s Source of Income 2014

IHF Center’s Expenses 2014

IHF Total Incomes and Expenses 2014 by Programs
Financial Report

Overall Total of Administrative Expenses

<table>
<thead>
<tr>
<th>Administrative Expenses</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Co-Director Stipend</td>
<td>$10,004.58</td>
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<tr>
<td>Visa &amp; Passport</td>
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<td>Legal</td>
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<td>Co-Director Transfer Expense</td>
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<tr>
<td>Bank Fee</td>
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<td>Co-Director Travel Expenses</td>
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<td>Transportation Expense</td>
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<td>Delivery and Postage</td>
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<td>Tax</td>
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<td>Office Supplies</td>
<td>$109.17</td>
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* The Administrative costs represented only 13.95% of the total outgoing amount at the IHF Centers.

IHF Total Income and Expenses by Centers

<table>
<thead>
<tr>
<th>Center</th>
<th>Income</th>
<th>Expenses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aceh</td>
<td>$11,057.00</td>
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<tr>
<td>Bali</td>
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<td>Medan</td>
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<td>Chiang Rai</td>
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<tr>
<td><strong>Grand Total</strong></td>
<td><strong>$179,164.00</strong></td>
<td><strong>$159,297.00</strong></td>
</tr>
</tbody>
</table>

IHF Total Income and Expenses by Month 2014

IHF ANNUAL REPORT 2014
I had the chance to be a volunteer for IHF for almost a year and a half in their Jakarta Centre. This experience changed my life both on professional and personal points of view. When I arrived to train and become a co-Director of the Center, I never thought I would learn and live so much. There, I discovered a family, and quickly felt like I was a part of it too. On one side, I was trained to fully manage a Center which offers free education to more than 200 children from poor neighbourhoods, and on the other side, I learnt so much about tolerance, respect and definitely about myself. Through my work, I got to see the impact of education on children’s future and how IHF gives them a chance for a brighter future. Being a volunteer at IHF is not an easy job, seeing the misery of our students daily, but every smile, every lesson taught with success, every good grade and focused look makes it totally worth it, and motivates us to keep going on, as we know that our efforts are really benefiting our students and improving their lives. Unfortunately, my stay came to an end, but I know that I will never forget all the good work of IHF and I hope I gave them as much help as they gave me knowledge. It is the most enriching and deep experience I have lived and I wish IHF many more years of success.

Helene Boscardin — Former IHF Jakarta Co-Director
Testimonial

“Having spent a couple of months at the IHF Bali Center, I decided to continue helping IHF by working on the Newsletter team. While at the Bali Center, I had the chance to experience all the work that IHF is doing for the children and the surrounding communities, directing every effort to the education of the children, and I have to say that it was a great learning experience to be a part of a group of people interested in helping others while sharing knowledge, with each of them leaving a part of themselves in order to improve IHF as a whole. Working on the Newsletter team has given me the chance to follow the progress of the children and the IHF teams; by now, I have gotten to know more about the children’s life and each month I am eager to find out what has been going on at each Center. I will continue to collaborate with IHF as long as I am needed and I encourage everyone to share this rewarding experience with us in any way you can.”

Nancy Bonilla — At-Home Volunteer and Former At-Center Volunteer
Aceh Center
Kompleks Geuceu, Jalan Krueng Woyla no. 2,
Banda Aceh
Tel. +62-651-425425

Bali Center
Kampung Buitan, Desa Manggis,
Karang Asem, Bali 80871
Tel/Fax. +62-363-42029

Chiang Rai Center
539/1 M.24 T
Ronwang. A.Muang
Chiang Rai, Thailand 57000

Jakarta Center
Kompleks Cipinang Elok I Blok I no.9
Jakarta Timur 13420
Tel. +62-21-8195328

Medan Center
Jalan Tempuling 128A
Medan, 20222, Sumatra Utara
Tel. +62-61-6626469

Nakuru Center
P.O. Box 17587
Nakuru, Kenya 20100

www.ihfonline.org